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Sleep Specialist Joins Hartford Hospital

(Hartford, Conn.) – Patrick J. Troy, M.D. joins Hartford Hospital as a pulmonologist, specializing in sleep disorders. In this role, he will treat common and complex sleep issues such as sleep apnea, insomnia, narcolepsy and parasomnias (e.g. sleep walking).

Dr. Troy comes to Hartford from Beth Israel Deaconess Medical Center in Boston, where he was a fellow in its sleep medicine program. Prior to that, he completed fellowships at Boston’s Brigham and Women’s Hospital and Massachusetts General Hospital, as well as the Harvard Medical School.

Dr. Troy trained at The Johns Hopkins Hospital in Baltimore through its residency and internship programs. He attended the University of Connecticut School of Medicine, and has a master’s degree from Georgetown University in Washington and a bachelor’s degree from St. Joseph’s University in Philadelphia.

Dr. Troy sees patients in Hartford, Glastonbury and Wethersfield. He resides in Glastonbury.



Pictured above: Patrick Troy, M.D., sleep specialist at Hartford Hospital.

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